

## Main event program

This program is subject to minor changes and confirmation of the availability of presenters

### Friday 26 JUNE - Day 1

8:30	Virtual exhibition, e-arrival and technical support	
9:00-9:05	Welcoming	
9:05-9:15	Opening address-TBC	
9:15-9:30	Let's talk about emotional regulation! An overview of emotional regulation across the life span	
<b>Time</b>	<b>Presenter</b>	<b>Title</b>
9:30-10:30	Prof Petrus de Vries Professor of Child & Adolescent Psychiatry Department of Psychiatry and Mental Health University of Cape Town	A brain-referenced approach to learning and behavior
10:30-10:45	<b>Virtual exhibition</b>	
10:45-11:30	Prof. Pieter Kruger Consultant Psychologist and Professor of Clinical Psychology Director at the Centre for Health & Human Performance North West University	Cognitive Behavioural Therapy for emotional self-regulation.
11:30-11:45	<b>Virtual exhibition</b>	
11:45-12:30	Care2Kids@IPW – Multi-disciplinary team Institute of Psychology & Wellbeing North West University	Touch, talk, think and play to thrive (3TPT): A blended approach to intervention and emotional regulation
12:30-12:45	Movie time!	Sam the Hedgehog
12:45-13:40	<b>Lunch break and Virtual exhibition</b>	

13:45-14:30	Dr. Lauren Franz Assistant Professor, Psychiatry and Behavioral Sciences and Global Health, Duke University, US	'Nurturing social communication abilities to decrease disruptive behavior in young children with Autism'
14:30-14:45	<b>Virtual exhibition</b>	
14:45-15:30	Vanessa Hemp Clinical Psychologist, Gauteng	Thinking about the origins of emotional regulation and how to understand the struggles of children and adolescents on the Autistic spectrum
15:30-15:45	<b>Virtual exhibition</b>	
15:45-16:30	Nadia Nell Piano teacher, Durban	How learning the piano helps with emotional regulation and improves emotional regulation
16:30-16:45	<b>Virtual exhibition</b>	
16:45-17:30	Autism Step-up, Schalk van Zyl Parent and CEO of Autism Step-Up, Gauteng	Coping as a Parent of a Child with Autism
17:30	Close of the day You are welcome to send your questions for presenters to IPWinfo@nwu.ac.za and join us for the Follow-up Friday event	

#### Saturday 27 JUNE -Day 2

8:30	<b>Virtual exhibition, e-arrival and technical support</b>	
8:45	<b>Welcoming</b>	
<b>Time</b>	<b>Presenter</b>	<b>Title</b>
8:50-9:00	Movie time!	Josh Crickmay Adventures TBC
9:00-9:45	Dr. Greg Lamb Pediatric Neurologist, Senior Lecturer Institute of Psychology & Wellbeing North West University	Tracking epilepsy and Autism
	<b>Virtual exhibition</b>	
10:00-10:45	Noleen Seris Clinical Psychologist, Centre for Autism Research in Africa University of Cape Town	An introduction to Parent-Child Interaction therapy PCIT and emotional regulation
10:45-11:15	<b>Virtual exhibition</b>	
11:15-11:45	Mr. Sondaha Petrus Mudau Deputy Chief Education Specialist, Department of Education, Limpopo	The role of special school teachers in enhancing communication of learners with Autism Spectrum disorders in rural areas.
	<b>Virtual exhibition</b>	
12:00-12:30	Dr. Marlene Zwiegers Head of Pupil Support St Patrick's CBC, Northern Cape	Therapeutic drama intervention improves emotional regulation ability of adolescents and children with ASD
	<b>Virtual exhibition</b>	
12:45-13:15	Nicci van der Merwe Waves for Change, Director, Western Cape	More than surfing: Inclusive surf therapy program informed by the voices of South African children with Autism Spectrum disorder.

13:15-14:10	<b>Lunch break and Virtual exhibition</b>	
14:15-14:45	Elizna Krog and Elana le Roux Founders of Autism Community Development, Educators Western Cape	Sensory rooms: A key to self-regulation
14:45-15:15	<b>Virtual exhibition</b>	
15:15-15:45	Tammy Greyling and Danita Nel Occupational therapist and Speech-language therapist, Gauteng	Passion driven employment: I choose what I want to do with my life.
15:45-16:00	<b>Virtual exhibition</b>	
16:00-16:40	Dr. Carla Groenewald, Dr. Petro Erasmus & Mrs. Monique de Klerk Specialist Child Psychiatrist, Educational Psychologist & Counselling Psychologist North West University	Hurting inside and out: Self-harming and emotional regulation
16:40-16:50	<b>Virtual exhibition</b>	
16:50-17:30	Claire Allen and Regan Berry Specialist Educator and Social Worker, as well as a parent of a child with Autism, Gauteng	The impact and challenges of emotional dysregulation on a teenager with Autism and his family- A case study
17:30	Closing- Keep in touch, send your questions and join us for the Follow-up Friday event	

The main event on 26 and 27 June is open to all. You are registered for both days upon your payment of the attendee fee.

You are also registered to attend the Follow-up Friday event. The Follow-up Friday event will be an opportunity to listen to presenters answering questions received from you and other attendees of the symposium. A live panel discussion will be a part of each session.

#### FOLLOW-UP FRIDAY EVENT

Friday 3 JULY

8:30	<b>Virtual exhibition, e-arrival and technical support</b>	
8:45	<b>Welcoming</b>	
<b>Time</b>	<b>Panel discussion and answer to questions</b>	<b>Theme</b>
9:00-10:30	Prof Petrus De Vries Dr Carla Groenewald Dr. Greg Lamb <i>Prof Pieter Kruger-Session host</i>	Neurodevelopment and medical issues related to emotional regulation
10:30-10:45	<b>Comfort break and e-arrival</b>	
10:45-11:15	Dr Carla Groenewald Noleen Seris Vanessa Hemp Linique Hanekom	Development of emotional regulation, parent-child interaction, and intervention

	<i>Hanlie Degenaar-Session host</i>	
11:15-11:45	<b>Comfort break and e-arrival</b>	
11:45-12:15	Dr Marlene Zwiegers Petrus Mudau Danita Nel Claire Allen Elizna Krog Elana le Roux Vicky Lamb <i>Linique Hanekom-Session host</i>	Educational issues and emotional regulation
12:15-12:30	<b>Comfort break and e-arrival</b>	
12:00-12:30	Autistic adults Vicky Lamb Juliet Carter <i>Hanlie Degenaar-Session host</i>	Reflections
	<b>Comfort break and e-arrival</b>	
12:45-13:15	Nicci van der Merwe Claire Allen Regan Berry Nadia Nell Tammy Greyling <i>Linique Hanekom-Session host</i>	Supporting programs, initiatives, and strategies.
13:15-14:10	<b>Lunch break and Virtual exhibition</b>	
14:15-14:45	Dr. Lauren Franz Dr Carla Groenewald Dr Petro Erasmus Vicky Lamb Monique de Klerk <i>Prof Pieter Kruger-Session host</i>	Behavioral intervention and strategies
14:45	Closing <b>Keep in touch and join our POP-UP event in October 2020! See you there.</b>	

Our Pop-up event in October 2020 will be one day of face-to-face presentations, listening groups followed by an online program the next day.

We will compile the program for the Pop-up event according to the feedback we receive from you during the online symposium.

We are open to your suggestions for an exciting event at that time!

Contact: [IPWinfo@nwu.ac.za](mailto:IPWinfo@nwu.ac.za)