

Study method workshop Grade 4-7 learners

What is it about?

The workshop equips parents of young learners with tools to help their children to learn effectively. At the same time the child learns a study method which can apply and extend as the child progresses in school.

We use current neuroscience on memory techniques, study and study-read techniques packaged in a fun and interactive presentation.

The workshop provide information to parents and activities for the parent and child.

We will give individual feedback to the parents after the workshop about their child' study abilities that may need further development.

Why can this be an advantage for my child?

Parent and child attend the workshop together. The child gain learning skills and tools to summarize study material on his/her own. The parent gain knowledge on how to help the child at home.

This method of studying is applicable to throughout your child's academic career. Start early, practise and solidify good study habits.

This method encourages critical thinking which is an important life skill.

Why does it work?

The method is based on principals that accelerates learning for the following reasons:

- Whole brain stimulation
- Improves memory of the study material
- Reduces study time
- Improves reading comprehension
- No lengthy written summaries
- Stimulating
- Active and not passive learning
- Reduces the amount of reading



What is my child going to learn?

- How does my brain's memory work when I am studying?
- Exercises to get brain synergy
- Food that improves my memory
- How to create a summary
- Memorizing swiftly
- How can music help my memory?
- Relaxation exercises
- Games for creative thinking
- Speed reading exercises

What will be the cost?

R750 per child

When is the next workshop?

27 Mei 2017 9:00-14:00

What does my child bring with?

One parent
2 pencils and a sharpener
1 set of colored Koki pens
Glue stick

Who do we contact?

Contact the Institute of Psychology & Wellbeing at North-West University.

018 2991737 or IPWinfo@nwu.ac.za

