



CHHP:Care2Kids

All about neuroprotective-development from birth onwards

Touch, Talk, Think and Play to Thrive

A fast-growing body of neuroscientific evidence sparked a global urgency for delivering neuroprotective childhood interventions as early as possible. Enhancing the potential of children, from birth onwards, is now accepted as the best return on investment for any country. Neuroscientific evidence proves that simple practices such as back-and-forth parent-child communication, family routines, shared reading, being active together, and looking after the wellbeing of parents are critical to the development of children. Excitingly, these practices protect the developing brain of children in any challenging context and require minimal resources. The quality of the child's early experiences within the family sets the trajectory for future health and wellbeing.

Care2Kids is a specialist-practitioner team, devoted to achieving the best neurodevelopment outcomes and wellbeing for children from birth to 18 years old. The multi-disciplinary team partners with parents and caregivers by taking the best neuroscientific and evidence-based intervention knowledge and translating it into simple intervention activities suited to each family and setting. Care2Kids' research aims at building brains, developing minds, and raising happy, well-performing kids in all communities. Our research dream is developing innovative, scalable, and cost-effective intervention practices utilizing available and technological resources across economic settings.

The Care2Kids team offers:

- A range of multi-disciplinary and profession-specific diagnostic and development assessments.
- Interactive talks, workshops, and Continuous Professional Development training on trending topics related to child development and parental wellbeing.
- Evidence-based and parent-implemented intervention from the fields of Speech-language therapy, Psychology, Psychiatry, and Paediatric neurology.
- Opportunities for research in the emerging field of neuro-protective development.

*"If we change the beginning of the story,
we change the whole story"*

(WHO, 2018)

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