

# THE MODERATING AND MEDIATING ROLES OF RESILIENCE IN THE RELATIONSHIP BETWEEN INTIMATE PARTNER VIOLENCE, PSYCHOLOGICAL DISTRESS AND SUBSTANCE USE AMONG INDIVIDUALS IN AN INTIMATE RELATIONSHIP



## RATIONALE

The study will add to the body of knowledge regarding how IPV impacts psychological distress and substance abuse among university students and staff who are in intimate relationships. Also, the moderating and mediating role of resilience in the relationship between IPV, psychological distress and substance use among this population will be explored considering the fact that this has not been adequately examined among this population (Fedina et al., 2021; Zhu et al., 2023). The results of this study will benefit relevant stakeholders such as government ministries that provide care support service and non-governmental organization that has the vision to protect against human right abuses. The results will help determine the most effective therapies to help this population live a life free of psychological distress. Furthermore, the university community and other relevant stakeholders will benefit from the findings of this study on how best to address psychological distress as a result of IPV. This will eventually increase productivity and foster better relationship among staff members.

## AIM AND OBJECTIVES

This study aims to examine the moderating and mediating roles of resilience in the relationship between intimate partner violence, psychological distress and substance use among individuals in an intimate relationship.

In line with the aim of the study, the following research objectives were raised: (i) To determine the extent to which resilience moderate the relationship between IPV and psychological distress among individuals in an intimate relationship. (ii) To investigate the extent to which resilience mediate the relationship between IPV and psychological distress among individuals in an intimate relationship. (iii) To determine the extent to which resilience moderate the relationship between IPV and substance use among individuals in an intimate relationship. (iv) To investigate the extent to which resilience mediate the relationship between IPV and substance use among individuals in an intimate relationship.

## SUMMARY

- Determine how resilience moderates IPV's effect on psychological distress.
- Investigate resilience's mediation between IPV and psychological distress.
- Assess resilience's moderating effect on IPV's impact on substance use.
- Explore resilience's mediation between IPV and substance use.
- Rationale:
- Contributes to knowledge about IPV's effects on psychological distress and substance abuse.
- Addresses the lack of research on resilience in this context.
- Findings could inform support services and therapies.
- Benefits include improved understanding and potential interventions for the university community.

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