

Perinatal Mental Health of Women Attending Public Health Facilities in Africa

Mission

To promote perinatal Mental Health of women in low-middle-income settings in Africa.

Vision

The vision is to conduct cutting-edge research and contribute to the body of knowledge in advancing evidence-based practice that will address perinatal mental health issues, resulting in happy mothers, healthy infants, families, and communities in low-middle income settings.

The overarching aim is to develop, implement and evaluate strategies that can **enhance midwives' capacity** to identify mental health issues early during the perinatal period

Secondly, to develop, implement and evaluate strategies to improve the mental health of **perinatal women** attending public health facilities in low-income settings.

Research Focus

- Conducting cutting edge research on issues of perinatal mental health in Africa
- Conducting of Randomised control trials, surveys, qualitative research and literature reviews including Cochrane reviews

Direct and Indirect output

- Capacity-building workshops
- Publications
- Presentation of findings at national and international conferences.
- Capacity building of staff (midwives), students and the women who participate in the studies and all women who attend public health facilities.
- Masters and PhD Students



Programme lead

Dr Patience Kovane

North-West University

Mahikeng Campus

Tel: 018-389-2537

patience.kovane@nwu.ac.za

Perinatal Mental Health

"Beyond Baby Blues"

